St. Theophylact the Confessor
Bishop of Nicomedia

March 8

Apolytikion

Intonation: #17
Plagal Second Mode

Allegro

Thou didst live a life hidden in God, O all-famed Theophylact, but Christ revealed thee unto all as a shining light set upon the spiritual lampstand, and He placed in thy hands the tablets.
Be not drunk with wine, wherein is debauchery, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

Ephesians 5:18-19